

Staying in your Current Home

Only provides One of the “3 Hs”

Advantages...

- Tend to your landscaping
- Tinker in your garage
- Accommodate visiting family & friends
- Don't need to downsize your STUFF
- Independence / Freedom
- Pride of ownership
- Have assistance come in if needed
- Familiar / Comfortable / Memories

Disadvantages...

- Chores
- May need ADA changes in the future \$\$\$
- Deferred home maintenance \$\$\$
- Downsizing left to others
- World begins to shrink as abilities change
- Responsibility of Ownership
- Who will manage care staff?
- Cost of full-time in-home care is expensive
- Options begin to dwindle as needs increase
- Less opportunity for social engagement as conditions change
- Responsible for your own Safety / Security
- Friends and family have well-being concerns
- Friends and family feel they need to take control of decisions
- Eventually feeling FORCED to make a change



Meet Michelle Watkins, Retirement Counselor

After many years of working in the industry of retirement living, Michelle now serves as a Retirement Counselor at Brazos Towers at Bayou Manor. Helping seniors successfully navigate their choices by better understanding the differences between communities and the services they offer, is an important part of her daily role. Whether these individuals end up moving to Brazos Towers at Bayou Manor, or somewhere else, Michelle knows that she and her team have succeeded if visitors leave with the information and tools they need to create a plan that will allow them to thrive in the next chapter of their lives.

To read my complete blog, please go to <https://brazostowers.com/blogs/>
Or, you can contact me via email at michelle.watkins@houstonretirement.org



Look for having the 3 H's

BRAZOS TOWERS

AT BAYOU MANOR